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SPOKE

Vol 26, No. 25

Conestoga College, Kitchener, Ontario

July 18, 1994



Being constructive

Nathan Schaefer, 8, and his sister Dara, 5, build their own city in the sand behind the home plate fence during their father, Pete's, slo-pitch game. Pete plays on the "Clean Up Your Act" team in Conestoga's co-ed slo-pitch league.

(Photo by Sheilagh McDonald)



President John Tibbits

Board resolves quarrel with Council of Regents

By Mike Beitz

Although he stopped short of calling it a victory for the board of governors, Conestoga College president John Tibbits said he is happy with the outcome of the battle with the Council of Regents over board appointments.

The board announced the appointments June 27 of Bill Cunningham of Fergus, manager of information systems at United Breeders, and Winston Wong of Waterloo, corporate secretary for Budd Canada.

Cunningham and Wong were chosen by the Council of Regents from a list of four candidates submitted by Conestoga's board of governors.

"We couldn't be happier with the outcome," said Tibbits in an interview.

"Both of the people appointed to the board were chosen from a list we submitted, and that's very important to the board."

The dispute between the council and the board was a result of the rejection by the council of all four candidates put forward by the board in October 1993.

The council also angered the board by reappointing six of its members, including the chair, Helen Friedman, for terms of only one year. The usual procedure is to reappoint members for a term of three years.

"The council was talking about adding diversity to our board," said Tibbits, "but what they were really doing was destabilizing it."

More fuel for the debate was added when the council put forward a candidate for the board who was not from the Kitchener-Waterloo area, but satisfied the council's emphasis on representation on college boards of groups such as aboriginal people and the physically challenged.

"The whole dispute made no sense," said Tibbits. "We need peo-

ple on the board who are, first and foremost, here to advance the interests of the college and not for special interest groups."

But with the appointments of Wong and Cunningham, and the reappointments of Friedman, Keith Ainsworth, Linda Davenport and William Moeser for a further two years, Jacqueline Mitchell for three years and Anna Bortolon for one, Tibbits said he considers the dispute finished.

"We had goals and objectives," said Tibbits, "and they've been met. There was a significant difference of opinion for a while, but it's resolved and, as far as I'm concerned, this issue is dead."

An important aspect of the dispute, said Tibbits, was that the board was not afraid to stand up for itself.

"I think too many people in our society are afraid to speak up when they think they're right," said Tibbits. "We did, and I think the college has gained a lot of respect because of it."

He added that, despite their difference of opinion, the board still has a good relationship with the council.

"I wouldn't classify our relationship with the council as adversarial. When something ends the way you like it to end, it's best to shake hands and walk away."

Condor Roost open house a success

By Nicole Downie

College employees checked out the Condor Roost, the new bar at the Doon campus recreation centre, at an open house June 27.

From 11 a.m. to 1 p.m. staff enjoyed a lunch of soup, sandwiches and fruit. There were draw prizes, including Condor Roost T-shirts, a Coca-Cola windbreaker, Molson Canadian T-shirts and hats, Brick Brewing T-shirts and hats, Hostess shirts and collector miniature trucks from Schneiders.

"This is a day for everyone to come in and look around," said

Susan Ludwig, supervisor of the pub. "It's a good chance to introduce everyone to what we offer."

The pub operates with policies aimed at preventing problems due to overconsumption, with drinks limited to one at a time and staff training to avoid serving intoxicated customers.

A designated driver program also has been initiated.

"The server intervention program teaches our employees how to decide if someone has had enough to drink and how to cut them off," said Ludwig. "We'll have buttons for designated drivers to wear so we

can identify them and give them free pop or coffee to drink. We also have a direct line to a taxi service. All of our house rules will be posted outside the door so customers will see them when they come in and be aware of how we operate here."

The open house continued from 6 p.m. - 7 p.m. with an invitational dinner for the college's board of governors.

Conestoga president John Tibbits helped unveil the new Condor Roost sign. He called the pub a "staff dream" and said he was happy the college was finally at a

See Faculty enjoy, page 4

Lehman trial set July 27

By Michelle Voll

Former Doon Student Association (DSA) president Ron Lehman will appear in provincial court in Kitchener on July 27 to face two counts of sexual assault.

Lehman resigned as president of the DSA in November 1993, citing personal reasons.

By Mike Beitz

While Conestoga's board of governors may not be a completed puzzle yet, two more pieces were added June 27, with the appointments of Winston Wong and Bill Cunningham.

Board chair Helen Friedman said Wong, a corporate secretary at Budd Canada, and Cunningham, manager of information systems at United Breeders, were successful appointments in that they covered some under-represented areas.

"One of the things we needed on the board was someone with a rural background," said Friedman. "And with Mr. Cunningham's strong agricultural roots in the community, we've filled that need."

Friedman said Wong satisfied the Council of Regents' recommendation that the board contain someone from the food and beverage industry.

"Mr. Wong has been involved in a string of restaurants and also has substantial business background with Budd Canada," said Fried-

man, "so he's a candidate who covers a lot of bases."

Wong, who has been with Budd Canada for the past 20 years, said it is not just his involvement with big business that makes him a good candidate for the board position.

"I've been active in other community organizations on the cultural side," said Wong, "as well as with smaller, entrepreneur-type business, too. I've got my fingers in a lot of pies."

Cunningham, who has been with United Breeders for 24 years, said

that he, like Wong, can contribute valuable business experience to the board.

"We're in the heartland of agriculture in Ontario," said Cunningham, "and I feel I can add an agricultural point of view to the board, as well as my experience serving on Conestoga's program advisory committee."

He said he was flattered by his appointment to the board and is "looking forward to the challenge."

See New board, page 4

Related story, page 4

New appointments bring college board to full strength

that he, like Wong, can contribute valuable business experience to the board.

See New board, page 4

SPOKE

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Canadians can learn tolerance from Toronto gay pride parade

On Friday, July 1, millions of Canadians across the country celebrated this country's 127th birthday. People from Victoria to Charlottetown marked the occasion with fireworks and flag-waving.

Little children, perched on the shoulders of their parents, listened to the national anthem being sung in two languages, and the prime minister made a moving speech on the virtues of a united Canada.

On Sunday, July 3, thousands of gays and lesbians celebrated gay pride day in Toronto.

People from across Ontario watched as floats with drag queens and scantily clad bi-sexuals undulating to blaring dance music moved slowly down Church Street.

Men dressed in leather and studs kissed openly and unashamedly. Women walked hand in hand, trailing the thousands of fellow gay pride marchers who took to the streets on the sunny July afternoon in a convincing show of solidarity.

The rest of the country could learn a lot from them.

Whatever one thinks of homosexuality or the crusade for same-sex benefits, gays and lesbians have written the recipe for a successful country that Canada would do well to copy.

During the parade, blacks marched beside whites. Whites linked hands with Asians. Asians celebrated with Hispanics.

Jews and Protestants held the poles of the same banner and behind it walked the multi-colored, multi-lingual and multi-cultural masses.

What was impressive about the gays and lesbians was that they could put aside their substantial differences and pull together to support a common cause. The "I" was forgotten and the "we" became more important.

It is unfortunate that Canadians feel truly Canadian only once a year.

The other 364 days are spent convincing ourselves that the country is going to hell in a handbasket.

If Quebecers want to leave, let them, we tell ourselves. We're better off without them, anyway.

We should let in fewer immigrants, we tell ourselves. They're responsible for all the crime in Canada, and they take up all the good jobs.

The Canadian economy is in shambles, we tell ourselves, as we take our already devalued dollar on cross-border shopping trips and vacations to the United States.

Patriotically speaking, it's time to put up or shut up.

It's time to start waving the maple leaf the other 364 days of the year.

It's time to start singing the national anthem at hockey and baseball games.

And it's time for so-called Canadian citizens to take a cue from the gays and lesbians and work together for a common cause — our home and native land.

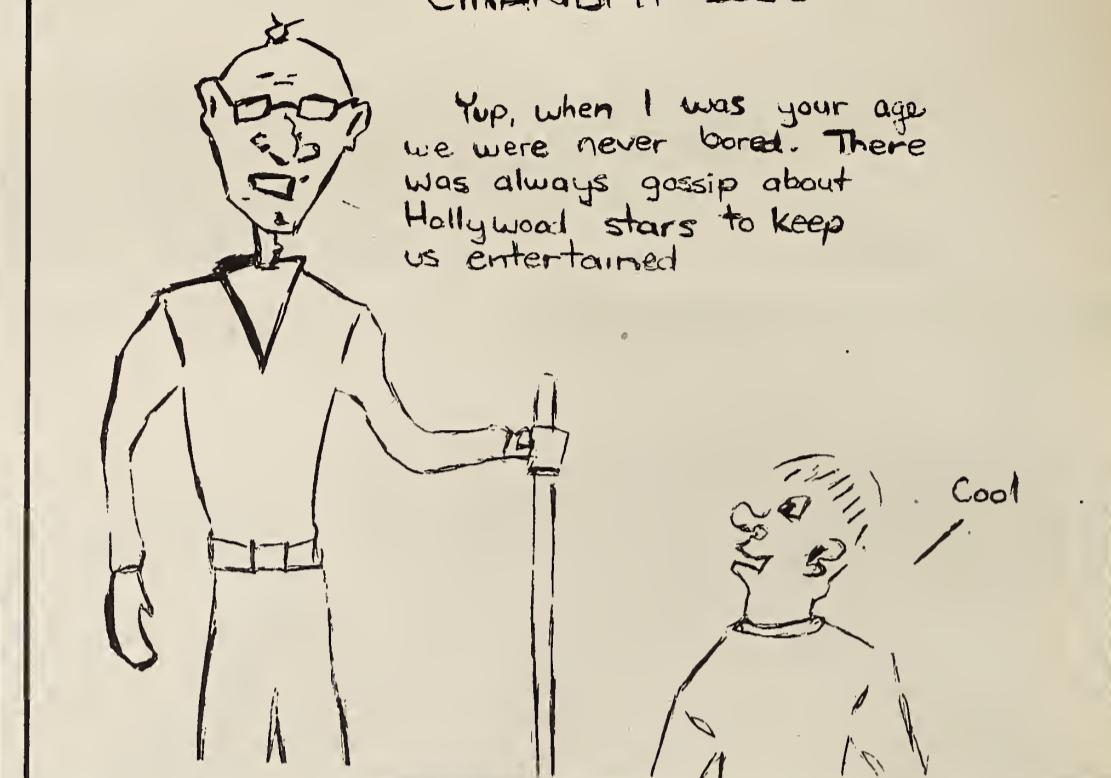
Letters to the editor

Spoke welcomes all letters to the editor. If you have a beef, or an opinion, please send it in. Spoke reserves the right to edit letters to fit space, and to remove any libellous statements. Your letter must be signed, and include your program and year for verification. Send letters to the Spoke office, Room 4B15, Doon campus.

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OPINION

GRANDPA 2050



Tabloid junk may haunt grandpa's stories

A typical scene at family gatherings is one in which the grandfather tells his grandchildren stories of when he was young. Often, those stories have to do with the Second World War, or the economy and how everything was so cheap then, or trips grandpa made across Canada.

Grandpa's stories were always packed with information about Canada and the children would be inspired by their grandfather's pride for the nation. The children would learn what their country stands for.

Picture most people who are between 20-30 years old today and place them in the future. Picture them being the grandfathers or grandmothers telling stories at family gatherings.

What would they tell their grandchildren? Probably nothing but tabloid junk.

The grandfather of the future would probably tell stories to his grandchildren like: "I remember



By Sean McMinn

when I was a child and every channel had something about the O.J. Simpson trial. It was a wonderful thing, children.

"Every day, when I got home from school, I would channel surf through the coverage of the trial. I failed school, but I know what happened to O.J. Simpson"

That doesn't sound too realistic at the moment. It is sad to think that would be possible, but in the past few weeks, many people have done things to make such a future more realistic.

The O.J. Simpson trial is a prime example.

The Toronto Sun printed a picture in the July 5 edition taken near the scene of the murder of Nicole

Brown Simpson and Ronald Goldman. It was a picture of a sign that read "Go home. There is nothing to see."

People should obey that sign. That sign not only pertains to the people who are at the murder scene hoping to see something happen, but the Canadians who are glued to the television set as well.

And it isn't just the O.J. Simpson case they watch. Canadians want to know every detail about every famous person in the world, no matter how junky it is.

Canadians have become gossipy ers.

The media isn't to blame. They serve the public interest. This Simpson takeover of the media is what most Canadians want, or at least they don't seem to care that it's happening.

Ask many Canadians who Lucien Bouchard is and they are not likely to have the answer.

Grandpa's stories that teach what Canada is all about will surely die.

Homolka's jail sentence not long enough

This month marks an anniversary in Canada. Unfortunately, it is not a pleasant anniversary.

One year ago, Karla Homolka was convicted of manslaughter in the shocking deaths of Niagara teenagers Leslie Mahaffy and Kristen French.

She was sentenced to two concurrent 12-year sentences, which meant that she would probably serve four years of her sentence.

Now, a year later, she is a quarter of the way through her jail term. After making it through her first year, Homolka must be able to see a shimmering of light at the end of the tunnel.

Homolka, who spends her days and nights at the Kingston Prison for Women, is a key witness in the case against her ex-husband, Paul Teale. Protected from the other prisoners, she remains in segregation.

It seems ironic that someone who was convicted in two of the most gruesome slayings in Canada should be protected.

Should she not be left in the general public of the prison to deal with her crimes? Maybe if she was, she would be treated in the same dehumanizing manner as the girls.

Instead, she remains segregated from the rest of the



By Michelle Voll

prisoners, and she will remain there at least until Teale's trial is completed.

In this case, the punishment does not fit the crime.

A year later, Canadians still do not know the details of the trial, or of the killings.

From the prosecution's standpoint, the ban made sense. Evidence from Homolka's trial would have ensured that Teale was not given a fair trial. But a year later, we still don't know what Karla Homolka did, even though these crimes were committed on our own soil.

It's hard to pass judgement on someone when you are not allowed to know the facts. People's imaginations have run wild through the past year.

Who knows what the truth in this case is?

But with Homolka one year closer to life outside the prison walls, a few questions must be asked. After all, she could be back on the streets in three years, roaming around, approaching innocent teenage girls.

Was her sentence fair? Is it possible for her to be rehabilitated in a mere four years? After the crimes she was convicted of, does she deserve a second chance?

After all, Leslie Mahaffy and Kristen French were not given a second chance.

Dispute concerning disciplinary letter resolved

By Frank Knobloch

The vice-president of human resources at Conestoga says he is surprised that the college's union is commenting on a case in which a faculty member criticized the quality of education at the college.

John MacKenzie said that statements made now by the union are not "in the spirit of the settlement" which resolved a dispute over a disciplinary letter the teacher received after the criticism.

Brad Howarth, an electronic engineering technology instructor with the college since 1970, received the disciplinary letter from the administration after comments he made about educational rights and the

quality of education at Conestoga. Howarth was quoted in Spoke in February 1993 as saying: "I think people should be standing up for their educational rights and ensuring they are getting the best quality education."

John Berry, president of Local 237 of the Ontario Public Service Employees Union, said Howarth made other similar statements to a program advisory committee and to a defunct faculty newsletter called Jam Side Up.

He defended Howarth's right of expression in a newsletter he publishes occasionally, called the Grapevine.

"Our position was that no college policy had been violated," Berry

said. "The member had the right under the Canadian Charter of Rights and Freedoms to express himself without hindrance, subject naturally to general law and the law of defamation."

Howarth was reluctant to talk about the issue and said he would rather wait until the fall before making any further comments.

When the initial situation arose "the college was in the process of bringing in a consultant to look at the whole technology division," said Berry.

"Faculty had concerns that it might be looked at as a cost-cutting angle. They had concerns, as faculty normally has, about the quality of education."

Berry said he did not think that Howarth's comments were damaging to the college, and the college didn't either, or the disciplinary action would not have been retracted.

Two grievances were submitted against the college by the union in response to the disciplinary letter. Two days before an arbitration hearing into the grievances, the college withdrew the letter.

"If we had gone to arbitration, I feel fairly confident we would have won."

— John Berry



length of time that had elapsed and "no further incidents had occurred in the interim, it wasn't worth pursuing," said MacKenzie.

"Why would we want to pursue the legal cost of that arbitration when so much time had passed?"

MacKenzie said he would not elaborate on the specifics of the case because "we have a legal settlement to this thing which effectively prevents me from commenting on any of the substantive issues."

A faculty handbook dealing with freedom of speech and freedom to publish, which will spell out what rights faculty have, is scheduled to be released by Conestoga by Dec. 31, Berry said.

"... no further incidents had occurred in the interim, it wasn't worth pursuing."

— John MacKenzie

Doon campus gets voice mail

By Michelle Voll

The college has installed a new voice mail system at Doon campus intended to eliminate telephone rings that are never answered.

With the college's new Voice Mail X (VMX) system, purchased from J & D Systems in Kitchener, callers will always be able to find a way to get their message across, said Marg Struck, financial assistant at Conestoga, adding that the new system, which cost in excess of \$50,000, is not just a glorified answering machine.

All staff members with telephones in their offices will have a voice mail box, which can store 32 messages. The voice mail system activates after four rings.

Even if the line is being used and there are two calls coming in, said Struck, the calls will be simultaneously answered.

Call forward is another feature the system offers, in which a message can be transferred to another person's mailbox, with comments on why it was forwarded.

Staff members can call in from any touch-tone phone and listen to their messages.

Calling the college will be easier now, said Struck, because a caller can enter the extension number without waiting for the switchboard operator.

"It's relieving a lot of congestion that there has been in the past, when callers have been forced to wait and wait," said Struck.

Voice mail also solves the

problem of phones not being answered due to faculty being unavailable, said Struck. Callers will always be able to leave a message now, or be routed to another extension.

The VMX is a user-friendly system, said Struck.

"The thing about this system is that there is always an option within it."

"You can call another extension, you can dial 0 for an operator or for personal assistance, you can leave a message at the tone. So no one gets locked into voice mail jail."

Struck said that the college has had a lot of positive response to the system so far, along with some criticism.

Myrna Micholas, student services clerk, said that she doesn't mind the new system.

"I'd rather be able to leave a message than have the phone ringing off the hook," she said.

But Micholas said some callers might not understand how to work the system and won't leave a message.

And Struck agreed the system may alienate some of the public.

"Definitely, we've had some response from callers that say, 'I don't want to leave a message, I want to talk to someone live.'"

But if a caller does not want to deal with the system, said Struck, the switchboard operator is still there to assist.

Struck said that if the person the caller wants isn't there, it's better to leave a message than to talk to someone else, because "you get the accurate message, as opposed to a written message."

Booklet to help women with career decisions

By Rob Heinbecker

Women who are interested in pursuing non-traditional careers in trades and apprenticeships will soon have a new information booklet available to them.

The 20- to 25-page booklet will feature information on entering the field of trades.

It will profile a dozen women who are active in various apprenticeship professions.

Some of the jobs that will be profiled include machine tool setter operator, industrial woodworker apprentice, long-haul trucker and mould-maker apprentice.

The booklet is the result of the efforts of Women's Access to Apprenticeship co-ordinator Pat Cathers and two journalism students.

The booklet "is a way of making women in trades more visible," said

Cathers.

She said that women working in the trades is a hidden area which needs to be brought to light and is a means of helping to change people's lifestyles and attitudes.

The booklet will be for college use.

It will also be distributed to high school guidance counsellors in the Waterloo, Wellington, Perth and Huron counties.

Although the booklet will bear the college name, the funding will be supplied by the Ontario Training and Adjustment Board's apprenticeship and client services branch.

The writing, interviewing and photography will be carried out by journalism students Michelle Voll and Catharine MacDonald.

Their participation on the booklet is through a journalism class called special projects, which requires stu-

dents to voluntarily offer their skills to help a person, group or organization with a project they have or create one which will benefit the group.

The end result of the student's work is then marked by the faculty.

MacDonald said she was informed about Cathers' project by journalism co-ordinator Andrew Jankowski.

MacDonald is active in women's issues.

She holds a women's studies degree from the University of Western Ontario.

Cathers said she appreciates the skills of the students.

"I am really pleased this is happening because I would never have had the time to do it."

The information for the booklet is to be compiled by Aug. 10 in order to be released by September.

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Corrections

In the story College employee of seven years dies, on page three of June 27 issue, Jane Skipp should have been identified as part of administration. On page three of the same issue, Mick Andic's name was misspelled.

In the July 4 issue on page three, Gitta Kelp's name was misspelled, as was Mark Bramer's on the same page.

Spoke regrets the errors.

The who's who of Conestoga College's board of governors

By Wladimir Schweigert
and Mike Beitz

The boards of governors for the 23 Colleges of Applied Arts and Technology in Ontario are bodies that set the direction of the colleges within provincial government policy.

The boards establish objectives for the colleges and oversee their operations. They also hire the presidents.

Each board has 17 members. Twelve are external members drawn from the community; five are internal, from the respective colleges: the college president, a faculty representative, one from administration, another from staff and one student.

Here are the current members of the Conestoga college board of governors:

Keith Ainsworth, president of Com Dev Ltd., a mid-sized high technology firm in Cambridge. Lives in Kitchener; vice-chair of the board, external member since February 1991. Term expires in August 1996.

Mary Beam, former vice-principal working with the Ontario Teacher's Federation. Lives in Waterloo; external member since November 1993. Term expires in August 1996.

Anna Bortolon, home-maker and volunteer, former director of the Guelph and District Multicultural Association. Lives in Guelph; external member since May 1991. Term expires in August 1995.

Bill Cunningham, of Fergus, manager of information systems at United Breeders. Lives in Fergus; external member whose term starts September 1994.

Lynda Davenport, Director of nursing at Freeport Hospital. Lives in Guelph; external member since January 1991. Term expires in August 1996.

Helen Friedman, a lawyer in Kitchener, chair of the board, external member since January 1991. Term expires in August 1996.

Ted Goddard, marketing program instructor at Conestoga, Lives in Kitchener; internal member representing faculty since September 1993. Term expires in August 1996.

Sharon Gross, librarian at Doon's library. Lives in Waterloo; internal member representing staff since September 1993. Term expires in August 1995.

David Hollinger, sales manager of Herman Miller Furniture. Lives in Waterloo; vice-chair of the board, external member since

January 1989. Term expires in August 1994.

Jennifer Horner, an accountant with Ernst and Young of Kitchener. Lives in Kitchener; external member since January 1990. Term expires in August 1995.

David Hunt, graduating student from materials management. Lives in Guelph, internal member representing students since January 1993. Term expires in August 1994.

Vanda Kelly, bookstore manager at Doon campus; internal member whose term starts in August 1994 and expires in August 1997.

Jennifer Kurt, Doon Student Association's vice-president of administration; student representative whose term starts in September 1994.

Robert McIver, chair of preparatory studies program at Conestoga's Waterloo campus, internal member representing administration since January 1992. Term expires in August 1994.

Jacqueline Mitchell, a manager at Prudential, an insurance company. Lives in Kitchener; external member since February 1992. Term expires in August 1997.

William Moeser, retired, former president of Budd Canada in Kitchener. Lives in Waterloo; external member since February

1991. Term expires in August 1995.

Wayne Samuelson, former Kitchener alderman working with the Ontario Federation of Labor. Lives in Kitchener; external member since January 1990. Term expires in August 1995.

John Tibbits, president of Conestoga College. Lives in Kitchener; internal member since he took presidency in September 1987. Term expires with end of presidency. Is hired by the board and is a voting member.

Lyle Williams, advertising manager at the Kitchener-Waterloo Record. Lives in Kitchener; external member since December 1992. Term expires in August 1995.

Winston Wong, corporate secretary for Budd Canada. Lives in Waterloo; external member whose term starts in September 1994.

(Information compiled from documents on file at the Spoke office, a K-W Record report from March 4, 1994, Vernon's city directories and information obtained from Helena Webb, secretary to the president, and John Sawicki, manager of public affairs at Conestoga College.)

New board appointments

From page 1

of being a member.

Wong said that although he, too, was pleased with his appointment, he hoped it did not come as a result of the board's dispute with the Council of Regents.

"I hope my appointment is not due to the pressure from the public," said Wong, "and I've had every assurance that it's not."

He added that he was unsure why the council chose him and rejected other candidates who were, according to Wong, just as qualified as he was for the position.

Friedman said that, from the board's point of view, every candidate it puts forward to the council is exceptional, whether that candidate is accepted or rejected.

She credited the community with playing an important role in the appointments of Wong and Cunningham.

"I'd like to go on record as thanking the Kitchener-Waterloo community for backing the board throughout the whole dispute," said Friedman.

"The community has shown that it cares about issues like board appointments, and it doesn't want Toronto-imposed people on the board."

The dispute with the council has, according to Friedman, proven the importance of advocacy.

"If the board didn't take a stand this time," she said, "we would have been buried."

"The whole experience has made the board a stronger one."

Faculty enjoy Condor Roost

From page 1

point where it could invest in such a pub.

Helen Friedman, chair of the board, described the pub as a place where people can "relax and take a break between classes." She said it will give employed students an opportunity to supplement their income and will help make money for the college athletic department.

After the unveiling, Dan Young, director of athletics and recre-

ation, explained the history behind the name Condor Roost. "We had a name-the-bar contest," he said.

Young said that, in the end, a committee chose the Condor Roost because "the pub is elevated, with a good view of the playing fields."

He added that the condor (the name also used by the college's sports teams) is an aggressive bird. "Our athletic teams win a lot and this bar is going to be a winner."



Helen Friedman gets them while they're hot from Condor Roost employee Ron Smrezek.
(Photo by Nicole Downie)

THANK-YOU

Thanks to all
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the Student Food Bank.
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Student Lounge

9:30 a.m. - 2:30 p.m.

Students can drop off old textbooks to be sold to the DSA Administration Office outside the Student Lounge.

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TEXTBOOK DROPOFF DATES

Monday, August 15 - Monday, August 29

*Books will not be accepted after Monday, August 29

For more information call the DSA Office at 748-5131



Perspective

Resources Available for Graduates

Placement office provides valuable job information

By Mike Beitz

Although their office space may be small, Marilyn Snyder and the other co-op/placement officers play a big role at Conestoga College.

Snyder is one of five officers at Doon campus whose job is to assist students in finding a job.

Located inside Door #4 in room 2B13, the co-op/placement services office is what Snyder calls a "mini-library" of employment resources such as city directories, trade indexes, books on writing resumes and binders full of job listings for full-time, part-time and summer positions.

The placement office makes available to students handouts on subjects ranging from self-assessment to interview techniques, and publishes graduate employment reports which list typical job titles, average salaries and placement statistics.

However, one of the problems the office is faced with, according to Snyder, is that many students don't take advantage of the resources available to them.

"We're working with the Doon Student Association to promote the department and make students feel more welcome," said Snyder. "I think people are intimidated by the main office and are afraid to wander back."

But increased traffic through

the department would create another problem, she said — the office is too small to allow many students in at one time.

"We've had teachers bring their classes in and the students are cramped into a little space, sitting on the desks," said Snyder. "It's a real problem in this location."

She said that once people do come in and make use of the resources, she notices the same ones coming back again and again.

The department's resume referral service, in which a graduate provides copies of his or her resume to an officer to be sent out to potential employers, is becoming more popular, said Snyder.

"As far as trends go, we've noticed that the number of job postings is up and we're sending out a lot more resume packages."

— Marilyn Snyder

"As far as trends go," she said, "we've noticed that the number of job postings is up and we're sending out a lot more resume packages."

Another significant trend, according to Snyder, is the shift toward more contract-type work.

It is a shift that will not affect recent grads as much as it will those who have been recently unemployed or laid off, she said.

"If you start out in contract work, as many of those graduating now will be doing," she said, "it isn't a shock. The security, then, is not with the employer. It comes as a result of keeping yourself employable."

Alumni stay part of college for life

By Sean McMinn

Once a student enrolls in a program at Conestoga College they become a part of the college community for life through the Alumni Association, a group which its manager says continues to offer benefits to its members.

Through the association, graduates can continue to use many of the resources the college offers, like the placement office and the recreation centre.

"The Alumni Association is set up to renew ties between graduates of the college and the institution itself," said Mary Wright, manager of alumni affairs.

The association, established in the spring of 1989, acts as an ambassador on behalf of the college, and supports the college's image in the community, said Wright.

Hanging on a wall of the association's office is the mission statement, which defines the association's purpose: "To develop a network of alumni that promotes a positive image of Conestoga College in the community and maintain a lifelong interest in the success of the college."

Wright said the association members can support the college in a number of ways, such as being employers of graduates and sitting on advisory committees where they can offer updated information regarding proposed changes to program content.

Graduates benefit by keeping in touch with the Alumni Association, said Wright, by being able to use certain college facilities.

"They can still come back to the college and use the learning resource centre. They get more than a 50 per cent reduction on membership benefits for the recreation centre."

She said students also have access to assistance through the placement and co-op department, with its resume service.

"The association itself offers a number of opportunities for social



Mary Wright, manager of alumni affairs.

(Photo by Sean McMinn)

events and that type of thing," said Wright. "They offer tickets at reduced rates for things such as Canada's Wonderland, or they'll offer theatre tickets."

The alumni association keeps in contact with alumni primarily through the newsletter, Connections, published twice a year.

Wright said the main purpose of the publication is to try to promote a sense of pride and encourage graduates to stay in touch with the college.

"We also keep in touch with people from the standpoint of a core group of alumni volunteers who are involved, and they have a variety of committees that stem from our alumni board of directors to look at various aspects of what we can offer to our alumni members."

The volunteer board of directors has 14 members, she said.

It is hard to predict the number of alumni who stay in touch with the association, said Wright, "because

we hear from them in a variety of ways."

She said the association, through the course of one year, has about 200 people who take advantage of the ticket offers they put out.

"And we involve actively between 20 and 30 volunteers throughout the course of the year on our various committees and board."

"We do have a committee that looks at ways of trying to make sure that current students are aware of the alumni association. So we will offer, from time to time, on-campus events or promotions that get our name out and hopefully give us a little exposure so that current students have a sense of what the alumni association is before they leave."

Students are charged a one-time fee in their first year, said Wright, "and that's considered an automatic lifetime membership fee to the alumni association."

Conestoga College 1993 placement report

Area: Total college

Applied Arts: Graduates — 306; Available for work — 248; Employment — (related) 142, (unrelated) 52; Total — 194; Seeking employment — 54

Business: Graduates — 405; Available for work — 329; Employment — (related) 182, (unrelated) 91; Total — 273; Seeking employment — 56

Engineering Technology: Graduates — 253; Available for work — 201; Employment — (related) 121, (unrelated) 45; Total — 166; Seeking employment — 35

Health Sciences: Graduates — 325; Available for work — 263; Employment — (related) 197 (unrelated) 31; Total — 228; Seeking employment — 35

Trades: Graduates — 171; Available for work — 123; Employment — (related) 58, (unrelated) 38; Total — 96; Seeking employment — 27

Total % employed: 82.2 % **Related:** 60.1 % **Unrelated:** 22.1 % **Still seeking:** 17.8 %



Summer camps at Conestoga stress importance of fitness

By Nicole Downie

Working out and getting fit are not just for adults anymore, if a summer camp being held at the Doon campus recreation centre is any indication.

About 40 camp kids, aged nine to 14, received fitness instruction in the weight room at the Doon campus recreation centre.

"It's important for kids to be active," said fitness instructor Allison Boone.

"They need to spend less time in front of the TV and more time outside, playing sports."

Boone, a part-time student at Wilfrid Laurier University, works at Popeye's Gym in Kitchener, where she sets up weight training programs for clients and is a certified fitness trainer. Boone works mostly with adults and said she does not encourage children to use weights.

"Young kids definitely should not use heavy weights," she said. "Really, they shouldn't use weights at all. It affects their bones and growth."

But, she added, if children under the age of 15 are going to use weights, they should use the lightest ones and do only basic exercises, such as biceps curls, the bench press and chin-ups. Such exercises can help children improve their stamina and the skills they need for other sports, she said.

"It's more important for kids to build up endurance and strength, not power."

Boone will be working with several of the day camps that run during the summer at Doon, including the fun camp, sports camp, adventure camp and soccer camp.

"This is the first year that we've set up the weight training sessions," said Barb McCauley, supervisor of community pro-

grams. "We want to increase awareness in the kids. We have all that equipment and the kids love to go in there to try things, but they need guidance. They need to learn about safety."

Boone said children often get excited about using weights and universal machines, but warns that they can cause damage to themselves if they try to do too much. The instructional classes focus on what exercises are appropriate and how to use the equipment properly, she said.

"Safety and form are what I stress the most. Keep good posture, never lock any of the joints and always stretch before you begin." Boone said she would like to go to the University of Guelph next to study nutrition.

"What I really want to do is help people get into healthy living," she said. "A lot of people need guidelines in every aspect of health."

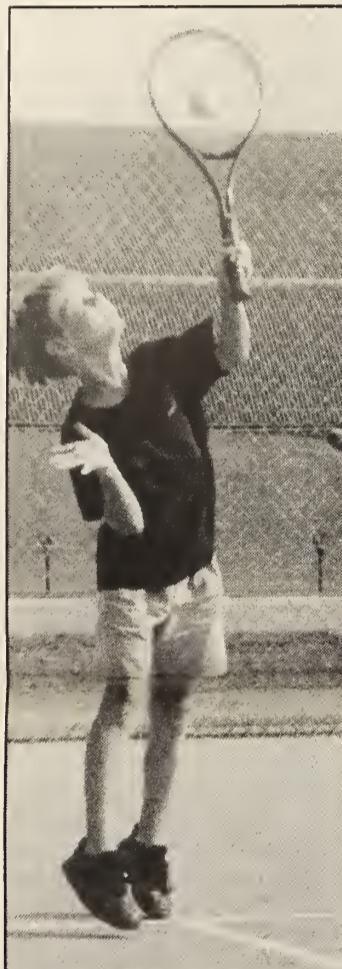
They want to exercise and eat right but they don't know how to get started. I want them to know that you can have a better lifestyle. You can enjoy food and exercise."

Boone said that if adults become more aware of overall fitness, perhaps they will pass it on to their children. Educating parents about exercise and nutrition is as important as educating the children themselves, she said.

"Some kids get fat for no reason. It could be that some parents don't motivate their children to be more active."

Boone added that parents should shake off old habits of forcing children to clean their plates at mealtime.

Kids know when they're hungry and when they've had enough, and being flexible about when kids eat and encouraging them to make healthy choices is more important, she said.



Summer camp sports

Left: Stephen Groff returns a shot with his eyes closed at tennis training camp. (Photo by Rob Heinbecker)

Above: Dan Lynch keeps the hackeysack aloft as fellow sports camp counsellors look on. (Photo by Mike Beitz)

Top right: John Maksym (l) and Szasa Vamos practice self-defence punching. (Photo by Nicole Downie)

Bottom right: Fitness instructor Allison Boone teaches Mathew Graham how to do the bench press. (Photo by Nicole Downie)

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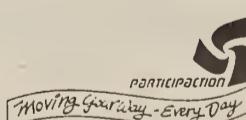
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Noon: 12:35 - 1:15 p.m. Mondays, Wednesdays & Fridays

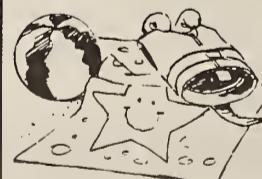
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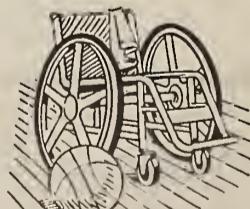
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Participation

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Just playing basketball...



Participation

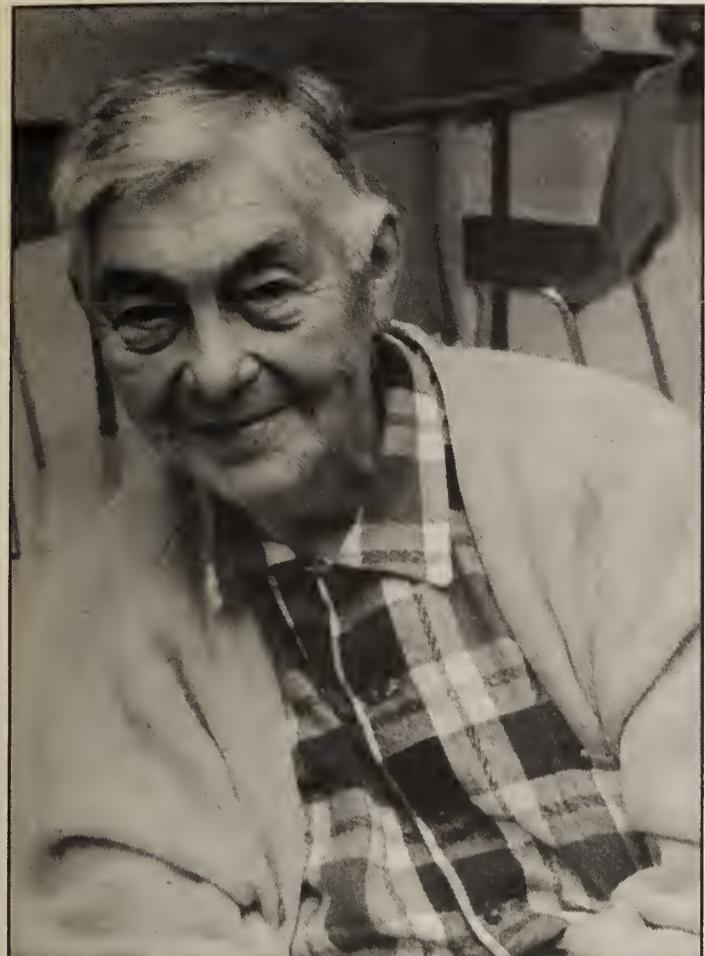
Moving Your Way - Every Day

Just playing ball...



Participation

Moving Your Way - Every Day



Conestoga student Jeremiah Cooper, 87, enjoys a coffee break in the main cafe at Doon during an evening typing class.

(Photo by Nicole Downie)

Young at heart

87-year-old student loves to learn

By Nicole Downie

Jeremiah Cooper is a part-time college student who never complains about the studying, the homework or the tests. For this 87-year-old, the more work, the better.

"I like to be smart," Cooper said, explaining why he keeps taking college and university courses. "I like to know what's going on."

Since he retired at the age of 66, he has taken an average of three courses a year, he said in an interview at Doon on June 27, the last night of a 12-week typing course he took.

He wants to tackle a Spanish or French course next and feels he would "catch on to it pretty quickly."

Cooper was a woodworking student at Conestoga for five years. But when tuition became too expensive, he and a few of his classmates founded the Seniors' Woodworking Centre in Cambridge to keep up their hobby.

"We started with 50 people and

now we've got about 250," he said. "But you have to be at least 60 years old and retired to join."

Cooper was born in Lockport, Man., on Aug. 24, 1906. He went to work at the age of 13 to help support his family.

During the '30s he got into diamond-drill mining and opened his own drilling business.

It was in 1955, as the mining supervisor for Joy Manufacturing Co., that he settled in Cambridge with his family.

Cooper worked in mining until he retired in 1972, but said he does not consider himself an expert.

"I always enjoyed my job," he said. "I've been sniffing rocks all my life. I worked with geologists so much, it was as though I was part of them."

Cooper travelled a lot in the business to places such as Australia, Mexico, Cuba and Haiti, as well as across Canada.

He started his own consulting business after he retired, and worked out of his home.

When he finished with the busi-

ness, he kept busy visiting the bed-bound in hospitals and received a national award for his charity work.

Since his wife died four years ago, he has lived with one of his daughters. He attributes the success of his 66-year marriage to the deal he and his wife had.

"She looked after the kids and the house and I made the money. It worked perfectly. We stayed that way all our lives."

Cooper takes it easy these days and, due to mild angina, can no longer walk 10 kilometres a day like he used to. He now spends a lot of time driving north to Kirkland Lake and Sudbury to visit friends.

"Being home alone during the day is the worst part. So, when I get bored, I hop in the car and go," he said.

He said he does not feel 87 years old and added that the key to staying young is to "be happy. I was sad for four years, but I've decided to enjoy what I've still got and get on with my life."

Kids learn self-defence

By Nicole Downie

There is a whole lotta kickin' and screamin' going on at Conestoga College as eight boys, aged eight to 14, learn at summer camps how to defend themselves against bullies and attackers.

The youth self-defence course, one of the summer camps offered at Doon campus, was scheduled for July 4 to 15 and again from July 18 to 29, with instructor Rich Wahl at the helm.

"It's becoming a more violent world, and kids need to protect themselves and learn how to avoid dangerous situations," Wahl said.

The first two-week session was held in the weight room of the Kenneth E. Hunter Recreation Centre. Each class ran from 9 a.m. to 11:30 a.m. and was filled with participative instruction on how to attack and defend.

The boys learned how to properly administer defensive kicks, hits and blocks, and learned how to ward off an attacker who grabs from behind. Tactics included backward head-butting, stomping on the attacker's foot and kicking backwards at the attacker's knees.

The students learned to strike at the attacker's kidney's, neck, ribs

and knees with the proper part of their hands. They practised back, front and side kicks and worked on balance and co-ordination. They learned how to fall, how to throw another person, and learned the importance of screaming as part of self-defence. "You need to scream as loud as you can," Wahl told his students. "Scream while you hit to scare the person off. It could save your life someday if you scream loud."

Barb McCauley, supervisor of community programs, said the self-defence course is a good form of release for the children. "The kids get to yell and scream and kick a wall. That's something they're not used to doing at home. It's exciting for them because it's different than the norm and it's part of learning."

Wahl incorporated real-life dangers into games and exercises. One game, in which Wahl ran at the boys with a stick, taught them how to block an attack. If they blocked the attack successfully, they were safe. However, if Wahl tapped them with the stick, they were out.

"How to avoid a bad situation is the first thing I teach them," he said. "But if it's a case where they can't get away, then they've got to be prepared."



Painting pipes

John MacCallum, a college maintenance employee, paints the pipe which supplies air conditioning to Conestoga's new pub, the Condor Roost.

(Photo by Sheilagh MacDonald)



Geoff Renda (l) and Sean Murphy practice karate kicks at a youth self-defence camp at Doon campus.

(Photo by Nicole Downie)

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The Lion King is another triumph for Disney

By Mike Beitz

A classic is usually a piece of work that has, over time, been agreed upon as having set a certain standard of excellence.

Disney's latest feature-length animated film, *The Lion King*, has not needed years to mature into a classic — it has attained that status with its first showing.

It has all the elements moviegoers have come to expect from the creators of such instant classics as *Beauty and the Beast* and *Aladdin*: spectacular animation, interesting characters, catchy musical numbers and an engaging story.

The Lion King is a coming-of-age story about Simba, a young lion cub destined to replace his father as "king of everything the sun touches" on an African savannah.

Like most Disney's films, *The Lion King* instructs as well as entertains. Where *Beauty and the Beast* dealt with overcoming appearances and *Aladdin* touched on conflicting social classes, *The Lion King* looks at responsibility.

Simba is forced to choose be-

Movie Review *The Lion King* Capitol Theatres

tween a life of luxury as a self-imposed exile from the kingdom, or honor his father's wishes and accept the difficult role of leader.

What makes *The Lion King*, and Disney's other animated films, so successful is that the message does not get in the way of entertainment.

The *Lion King*'s animation is first-rate, and Disney's rendering of the African plain is so well done the moviegoer has to remind himself that the film is hand-drawn.

Like *Aladdin*, *The Lion King* gets a lot of mileage from celebrity voices.

The gravelly-throated James Earl Jones was an ideal choice for Simba's father, Mufasa, and Whoopi Goldberg and Cheech Marin lend a comic touch as the voices of the hyenas.

The voices of Pumbaa the wart hog, Timon the meerkat and Rafiki



the wise old baboon are also perfect complements to their amusingly drawn characters.

What is unique about Disney's animated films is the universality of their appeal.

Young children and their parents, who have always made up the largest part of Disney's audience, are now sharing the theatre with se-

niors, teenagers and young adults.

The Lion King is proof that a film need not be violent, vulgar or obscene to attract large audiences.

If it has interesting characters involved in an absorbing tale, people will come. Throw in infectious tunes, humor, eye-catching animation and celebrity voice-overs, and they will come in droves.

Special effects make The Shadow a success

By Rob Heinbecker

The weed of crime bears bitter fruit — and in some ways, so does *The Shadow*.

The Shadow, based on the 1930s and 1940s radio and magazine character of the same name, is a big-budget production which attempts to revive the character.

The movie succeeds in bringing the dark personality back to life with the casting and the special effects, but the story hinders the accomplishment of its goals.

In the good department, the *Shadow* is played by Alec Baldwin, who turns in a terrific performance. Baldwin's low, gravelly voice and naturally dark features are perfect for playing the *Shadow*'s alter ego, Lamont Cranston.

In the guise of the *Shadow*, Baldwin's features had to be covered by a ton of makeup in order to recreate the character's distinguished hawk-like nose and pale complexion.

All scenes from the movie in which the *Shadow* is in action are well handled. The trademark, piercing judgment laugh of the *Shadow* echoes throughout the theatre, producing an atmosphere of fear.

Movie Review *The Shadow* Odeon Hyland Cinema

The other major roles in the film belong to Penelope Ann Miller and John Lone, who play Margo Lane and Shiwan Kahn.

Miller is competent in her role as Lane. She plays a woman who is immune to Cranston's mental powers and, through contact with him, discovers his identity as the *Shadow*. She is witty as the heroine and is enjoyable to watch.

Lone plays the villain Shiwan Kahn, the last living descendent of Genghis Kahn.

Lone's portrayal of Kahn complements Baldwin's dark hero with a darker counterpart. He is great in confrontational scenes with the *Shadow* and tries to bring a greatness to Kahn when the villain does not deserve it.

Jonathan Winters and Tim Curry also star in supporting roles.

The fine acting and great special effects are enough to counteract a rough and choppy story.

The basic plot is this: *The Shadow* must stop a villain with similar abilities from destroying New York City with an atomic-sized bomb.

For the nit-picker, the plot is full of holes like wrong time-line dates. These things are not really important to the story, but they still prevent full enjoyment of the show for some people, because they show a carelessness about detail.

There are instances where too much film was left on the editing room floor.

An example is a scene in which the villain stabs a special dagger between the fingers of Cranston while his hand is on a table. In response, Cranston says, "Oh, that knife." There is no verbal buildup to warrant such a response unless there had been a discussion about the knife earlier which got cut out.

Arguably, another story flaw is beginning the movie with a history of the *Shadow*'s past.

The Shadow is a mysterious crime fighter and his past should remain so to the audience. It should be peeled away gradually, in bits, to reveal only a fuzzy and incomplete picture.

Despite the story flaws, *The Shadow* is a worthwhile movie and is recommended to any who especially like the hero genre.

The Chamber lacks Grisham's usual fire

By Michelle Voll

With his blockbuster novels *The Firm*, *The Pelican Brief*, *The Client* and *A Time to Kill*, John Grisham has quickly become one of North America's most popular authors.

In his fifth novel, *The Chamber*, Grisham (an attorney) again sticks to what he knows best — the law.

But this time, Grisham loses the breathtaking excitement he became famous for.

The fast pace and action that made his previous books instant hits is missing, as Grisham focuses more on the emotional and intellectual aspects of his characters.

The Chamber centres around the pending execution of Sam Cayhall, a convicted Ku Klux Klan terrorist. Cayhall is facing the death penalty for the murder of a Jewish lawyer and his twin five-year-old sons, which took place during the bombing of an office building in the '60s.

There is one catch to the bombing, though. While Cayhall did help plant the bomb, he thought it was

Book Review *The Chamber* John Grisham

rigged to go off in the middle of the night, when the building would be deserted.

The bomb went off the next day. Cayhall was still in the vicinity when the bomb actually did explode. He was questioned and arrested, and after three long trials, convicted and sentenced to die.

After Cayhall was convicted, his son Eddie committed suicide and his grandson, Adam learned the truth about his infamous relative.

Adam then set out on a course to save his grandfather. He went to work for Kravitz and Bane, the firm that represented Sam.

A year later, when Sam has only a couple months left to live, Adam takes over the case and becomes his grandfather's lawyer.

The reuniting scene between

grandfather and grandson is touching. Grisham spends a lot of time in this novel creating his characters so that the reader can identify with them, regardless of their actions.

Grisham tries a new tactic in *The Chamber*, with its lack of action. There's more depth of character and better writing. The characters come alive and the prison and death sentence loom overhead as Adam fights for a stay of execution.

Grisham spends pages illustrating the dreariness and routine of life on death row. The *Chamber* is an excellent example of how good description can create a scene and draw the reader in.

But Grisham is known for taking the reader on a roller-coaster ride and the reader expects that. Compared to his other books, *The Chamber* drags on.

Perhaps it's time for Grisham to try a new topic. After writing four best-sellers about the law, the well is running dry. If *The Chamber* is indicative of his books to come, he needs to expand his horizons.

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